

KULSKO HORO

(Bulgaria)

Kulsko Horo (COOL-skoh Hoh-ROH) was learned by Yves Moreau during the winter of 1969-1970 from an amateur folk dance group in the village of Kula, Vidin District, in northwest Bulgaria. It is danced primarily by the Vlachs, a Rumanian minority. The term "Vlachs" refers to Bulgarians who fled to Rumania during the Turkish occupation and remained there for several centuries, settling mostly in Banat, Oltenia, and Wallachia (from which the word Vlach is derived). After the Turks left, the Vlachs returned to Bulgaria, but by that time they had lost most of their Bulgarian characteristics and were more Rumanian in their culture. Mr. Moreau introduced the dance at the 1970 University of Pacific Folk Dance Camp.

MUSIC: Record: Balkanton BMA, Side 1, Band 1.

FORMATION: Short, mixed lines. "W" pos, hands close to shoulders.
Face ctr unless otherwise indicated. Wt on L.

STYLING: Knees bent slightly; a bouncy feeling, but not airy and light, rather a solid, heavy quality. Small steps.

ARMS: Arms swing rhythmically from "W" pos to a pos alongside the body throughout the dance as follows: During odd-numbered meas (1,3,etc) the hands are in "W" pos; during even-numbered meas (2,4,etc) they are extended fwd at shoulder height and then lowered to sides on cts 1,& and returned to "W" pos by the beginning of next meas.

MUSIC 2/4

PATTERN

No Introduction

I. FORWARD AND BACK

- 1 Moving fwd twd ctr, step R, L (cts 1,2).
- 2 Continuing fwd, step R (ct 1). Step L next to R (ct &). Step R next to L (ct 2).
- 3-4 Repeat action of meas 1-2 (Fig I) moving bkwd away from ctr and reversing ftwork.
- 5-8 Repeat action of meas 1-4 (Fig I).

II. HEEL TOUCH AND BOUNCE

- 1 Touch R heel diag fwd R (ct 1). Lift R ft across L shin (ct 2).
- 2 Step R next to L and bounce on both heels 3 times (cts 1,&,2).
- 3-4 Repeat action of meas 1-2, (Fig II) reversing ftwork.
- 5-8 Repeat action of meas 1-4 (Fig II).

III. FORWARD AND BACK WITH STAMPS

- 1 Moving fwd twd ctr, step R, L (cts 1,2).
- 2 Continuing fwd, step R (ct 1). Step fwd L (ct &). Small leap fwd onto R (ct 2). Stamp L next to R, no wt (ct &).
- 3-4 Repeat action of meas 1-2 (Fig III) reversing ftwork and direction.
- 5-8 Repeat action of meas 1-4 (Fig III).

IV. DOUBLE HEEL TOUCH

- 1-2 Touch R heel diag fwd R (ct 1). Lift R ft across L shin (ct 2). Repeat for meas 2.

- 3 Small step R to R (ct 1). Step L behind R (ct &). Step R to R (ct 2).
Stamp L next to R, no wt (ct &).
- 4 Repeat action of meas 3 (Fig IV), reversing ftwork and direction.
- 5-8 Repeat action of meas 1-4 (Fig IV).

V. FIVES

- 1 Step R to R (ct 1). Step L behind R (ct 2).
- 2 Repeat action of Fig IV, meas 3. (R, L behind, R, stamp).
- 3-4 Repeat action of meas 1-2 (Fig V) reversing ftwork and direction.
- 5-8 Repeat action of meas 1-4 (Fig V).

VI. SEVENS

- 1 Move to R with 4 small steps: R, L behind, R, L behind (cts 1,&,2,&).
- 2 Repeat action of Fig IV, meas 3. (R, L behind, R, stamp).
- 3-4 Repeat action of meas 1-2, (Fig VI), reversing ftwork and direction.
- 5 Move to R with 3 small steps, R, L behind, R (cts 1,&,2). Stamp L next to R,
no wt (ct &).
- 6 Repeat action of meas 5 (Fig VI), reversing ftwork and direction.
- 7 Small leap onto R (ct 1). Stamp L next to R, no wt (ct &). Small leap onto L (ct 2).
Stamp R next to L, no wt (ct &).
- 8 Small leap onto R (ct 1). Stamp L next to R twice, no wt (cts &,2).
- 1-16 Repeat action of Fig V and Fig VI (Fives and Sevens), reversing ftwork and direction.

VII. TWIST

- 1 Move fwd twd ctr with 3 small running steps, R,L,R (cts 1,&,2).
Stamp L next to R, no wt (ct &).
- 2 Repeat action of meas 1 (Fig VII), with opp ftwork.
- 3 Repeat action of meas 1, (Fig VII).
- 4 Bring L ft behind bent R knee, L knee turned out, twisting hips to L, torso facing
fwd (ct 1). (W raise L ft only to R calf). Straighten knee and hips to face ctr
again (ct 2).
- 5-8 Repeat action of meas 1-4 (Fig VII), reversing ftwork and direction.
- 9-16 Repeat action of meas 1-8 (Fig VII).

DANCE REPEATS AS FOLLOWS:

Fig I Meas 1-4
 Fig II Meas 1-4
 Fig III Meas 1-4
 Fig IV Meas 1-4
 Fig V Meas 1-4
 Fig VI Meas 1-8
 Fig V Meas 1-4, reversing ftwork and direction (move to L).
 Fig VI Meas 1-8, reversing ftwork and direction (move to L).
 Fig VII Meas 1-8.